

ASHBY ADVISOR

Sixtieth edition
Winter 2011

Had to put together a quick newsletter to pass along some really special information/news that has been "playing out" this past summer and fall for my profession.

Professional Hockey player Sidney Crosby took a head shot in a game on New Year's Day 2011. Four days later he got hit again in a game. Those two hits took him out for the season with headaches, dizziness and sensitivity to light. He spent most of the year treating at the University of Pittsburg Medical Center, the Mecca for brain trauma, but he continued to have residuals that kept him from going full out and returning to play..

Crosby was recommended to see Dr. Ted Carrick, a Chiropractor specializing in neurological disorders. Since the start of the season was 6 weeks away Dr. Carrick moved him up in his schedule (waiting list is a year long) How did Crosby do? I believe you'll find he was voted player of the month in the NHL in November. Of course his treating physicians thought most of his treatment was bordering on Voodoo, but I don't think Sidney Crosby really cares. He's playing hockey again. "Best in the league."

By the way a Swedish study of 4496 kids born in 2003 found that mom's who took Tylenol during pregnancy or infants that had antibiotics in the first week of life had a significant increase in wheezing/breathing risk by the age of 4 1/2 . So this is the first study to see a possible casual link between Tylenol use and an affect on the fetus.

Please enjoy your Holidays with friends and family. As I said earlier this year "We're here for a good time, not a long time."

Quote of the month "Life is an escalator: you can move forward or backward:
you can not remain still."