

ASHBY ADVISOR

Fifty-sixth edition
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Time for another Advisor, so let's "March into the madness."

First, some of you are aware that the Texas Medical Association is attempting to deny your ability to see a doctor of Chiropractic without an evaluation from an M.D. This is an ongoing battle that is heated up out of lawsuits and now pending (hopefully) changes in the law in the state of Texas. Texas Chiropractors have launched a grass roots campaign to get our patients involved in helping out with letters, calls, etc... to the Texas legislature. We could not possibly match the money machine of TMA, but our patients have been fiercely loyal to our causes in the past. Please help by signing the petition letter in our office or go to www.MyTexasDoctor.org to sign up. This is just the beginning of an attempt by the AMA to take greater control of every aspect of your health care. Competition in health care changed health delivery in many ways. Medical associations originally fought the HMO, gatekeeper concept, now they want to move back to it. I could talk for an hour on this subject but let's talk about other health care topics.

So, speaking of chiropractic, and the importance of keeping an alternative to traditional back treatment with drugs, pain management (injections) and physical therapy, a new report, The Spine Journal, stated that patients with acute lower back pain did substantially better at the sixteen week re-check period with chiropractic treatment than patients treated in the usual manner (drugs, physical therapy, injections, etc...)

What was amazing about this study to me was that the chiropractors were restricted in their options to treat while the medical patients had no restrictions to treatment. I wonder how it would have been with fewer restrictions to treatment in the chiropractic group. By the way, only 6% of the medical group patients had chiropractic care (referral by an M.D. to a chiropractor) do you see why getting involved is so important? If you want to keep your choices get involved.

We have also entered the FACEBOOK era...if you would like to view the page it can be located under Ashby Chiropractic Clinic, if you choose you can "like" this facebook page <https://www.facebook.com/pages/Ashby-Chiropractic-Clinic> or you can be friends with me at Michael Ashby.

Quote of the month "When you see a situation you can not understand look for the financial interest."