

# ASHBY ADVISOR

Forty-ninth editions  
July 2010

Well, let's get the month started off with a bang!

Integrative Health as opened its primary/Family Clinic in Rowlett. It is staffed by Dr. Rommana Aziz. She is a D.O. with a strong background in nutrition and is well versed in natural and bio-identical hormone replacement therapy. (<http://www.i doctors.com>) So if you are in need of a primary care physician that likes to do things as naturally as possible but can also take care of conditions with medical prescription drugs and **integrate** them, then check her out.

This clinic was started with about 20 Chiropractors in the area that came together to find physicians that are:

- 1) Open minded to alternative medicine
- 2) Understand that you can integrate different therapies
- 3) That are Chiropractic friendly
- 4) Are willing to work in a multidisciplinary approach.

PLEASE JOIN US FOR OUR OPEN HOUSE ON  
THURSDAY, JULY 15 FROM 3:00 – 7:00 PM!!  
Organic food and healthy beverages will be served...

[map it](#)

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Quote of the email: “There is one thing which each person has absolute, inherent control, and that is his/her mental attitude.”